

# Arise Counseling Service Fee agreement and Schedule

## **Client responsibility**

Arise can bill many health insurances for services, however, clients are ultimately responsible for payment of all services rendered. Clients are obligated to keep the practice informed of their insurance eligibility status and it is their responsibility to contact their insurance provider to determine if their provider is an in-network or out-of-network provider, as well as their out of pocket responsibility.

We check insurance benefits as a courtesy to our clients. There are times when insurance misquotes benefits. In the event of a misquote, clients are still responsible for their copay/coinsurance/deductible amount that insurance reports after claims are submitted. Clients can call their insurance company to check their own benefits as well by calling the number on the back of their insurance card.

Client are provided a Statement with expected cost (copays, con-insurance and deductibles) for their sessions before the start of services. The expected cost is related to insurance benefits and the services the client is receiving.

Payments for the full fee of the session (Self pay), co-payment, co-insurance or deductibles are due and collected at each session. Arise accepts cash, checks, credit/debit cards, Flex cards, and HSA cards. If your credit card is on file, it will be charged automatically following the visit. Self-pay and insurance clients are required to have a card on file but may opt to use an alternative payment method at the time of service.

## **Insurances accepted**

### Oregon MEDICAID (Oregon Health Plan)

- Oregon Health Plan Open Card, State wide
- PacificSource OHP/PSCS: Lane County Deschutes, Marion, Polk, Jefferson, Wasco, Hood River, Crook and Klamath County
- IHN/Intercommunity Health Network: Linn, Lincoln & Benton County
- Trillium Community Health Plan: Lane County

### Commercial Insurance Plans

- PacificSource
- MODA
- Samaritan Health
- Aetna, Meritain, GEHA, Coventry
- Regence Blue Cross Blue Shield (BCBS), RGA, Anthem
- Optum, United Health, UMR
- Providence Health Plan
- Cigna/EverNorth

## **Self Pay Rates:**

Arise Self-pay Fee Schedule is subject to change and can be found on Arise's website. Self-pay and uninsured clients will be provided with a Good Faith Estimate regarding the expected cost of treatment.

Below are Self pay rates listed:

We offer Self pay clients a 40% discount to our self pay fees if they pay at time of service. Arise will supply Selfpay clients with a Good-Faith statement regarding the expected cost of therapy.

- Initial assessment: \$300 (40% discount: \$180)
- Psychotherapy 60 min: \$250 (40% discount: \$150)
- Psychotherapy 45 min: \$205 (40% discount: \$123)
- Psychotherapy 30 min: \$180 (40% discount: \$108)
- Family therapy or minors 60 min \$250 (40% discount: \$150)
- Couples therapy: 60 min: \$250 (40% discount: \$150)

An adjustment in fees (hardship) is possible in cases of need and when discussed in advance. There is a limited amount of hours available for reduced rate counseling.

Hardship Option:

- Psychotherapy \$75

### **Canceling Appointments**

Clients are asked to call at least 24 hours before an appointment to cancel. They may do so by calling (541) 321-2278. You may leave a voicemail at any time. Missed appointments without a valid reason will be charged at \$75. Health insurance will not reimburse missed appointments. Medicaid (OHP) members will not be charged a fee when they miss an appointment.

### **Payment policy and Collections:**

A \$15.00 service charge will be charged for any checks returned for any reason for special handling. Unpaid balances will be assessed a finance charge equal to 1.5% of the outstanding balance per month after 30 days of time of service and may be sent to collections.

Unpaid balances may also lead to suspension or termination of services after 30 days.